

Diamond level 2-JO Level 9

Bars:

- Two Circle Sills to Handstand EX. Gaint to Clear Hip Handstand, first routine in video
- One Non-Giant Circle With 1/2 Pirouette Or More. EX- Stalder to Pirouette
- Double Back Dismount
- D Dismount Into Pit. Ex. Full Twisting Double Back
- Blind Change On High Bar
- Toe Shoot
- Pak Salto - Hit Near Handstand
- Bail - Hit In Handstand
- Straddle Back
- Working Spotted Single Bar Release Move Ex

Beam:

- Back Handspring Back Layout High Beam
- Triple Series Low Beam EX. Back Handspring Back Handspring Back Layout
- Triple Series Low Beam Ex. Front Aerial, Back Handspring Back Layout
- Upgraded Triple Series Working On Floor Beam
- Upgraded Single Acro On Low Beam EX. Front Tuck
- Roundoff Full Dismount
- Roundoff 1/2 With Spot
- Roundoff Double Back Pit/Spotted
- Front Aerial High Beam
- Side Aerial High Beam
- D level Jump On High Beam EX. Sheep Jump
- Second D jump Low Beam Ex. Tour Jete

Vault:

- Yurchenko Full Pit
- Tsuk Full Pit
- Yurchenko Layout
- Tsuk Layout

Floor:

- Roundoff Back Handspring Double Full
- Double Back
- Two Salto Pass With C + B EX. 1 1/2 full Into Punch Front Pike
- Front Handspring Front Layout Full
- C + C Dance Connection Ex. Switch Leap Ring To Tour Jete
- One D Dance or Acro