

Wood River High School Cheer Tryout Packet 2019-2020



_____ Student Information/Emergency Contact Sheet—**Please attach a picture of yourself to this form and include in the packet**

_____ Personal Cheer Contract/Parent Permission

_____ Teacher Recommendation Form (Pick 3 Current Teachers)

_____ Personal Interview Pages

_____ Make sure you have registered on www.spiritnmotion.com for the Wood River Tryout workshop under camps. You **MUST** be enrolled in the workshop in order to attend clinics/tryout. This is for liability through Spirit n' Motion. Click on the Wood River Cheer link on the homepage for more details.

***** All forms must be attached to this checklist and turned into front offices at WRHS or WRMS no later than 3:30 PM on April 29th**

Cheerleader's Name

Grade Next Year _____

2019-2020 Tryout Information

When:

- April 22 at WRHS 6:00 PM--Mandatory Parent Meeting
- April 29th from 4:00-6:00 at WRHS Upstairs gym Tryout Clinics to learn all material
- May 1st from 4:00-6:00 at WRHS Upstairs gym Tryout Clinics to learn all material
- May 2nd from 6:00-8:00 at SMAS Tryout Clinics to learn all material
- May 4th from 8:30-11:00 AM--Tryouts at time slots will be given ahead or at last clinic on May 2nd.
- If you have to miss parent meeting or a practice please just let us know.

Where: Practices will be at Wood River High School and Spirit n' Motion Athletic School —3950 Woodside Blvd. Hailey

What to Wear: Proper workout clothes for clinics. For tryouts, candidates should wear WRHS colors, a white shirt with cheer shorts, socks, and cheer shoes—if they have them. All hair should be off of the face. Ribbons/Bows and Smiles are recommended!

THIS IS A CLOSED TRYOUT—Parents/Friends may not watch!!!

We will make a call after tryouts individually and formal announcement of new cheerleaders will be posted at the outside door by the girls' locker room on Monday May 6th at 8:00 AM.

Please plan on attending a meeting right after the list is posted. We will celebrate for a few minutes and then get to work. We will be taking measurements, choosing uniforms, choosing camp outfits, discussing calendars, etc. etc. You will be receiving more information about this meeting. Also you will have to get a medical evaluation done, and an impact test as well to be on the team before our first practice.

TRYOUT EVALUATION INFORMATION

Decisions regarding who will make the WRHS cheerleading squad will be based on the following:

- Citizenship and Grades
- Teacher evaluations
- Personal interview sheet
- Performance at clinics
- Jumps/Cheer
- Attitude
- Standing Tumbling—Optional and Tumbling pass—Optional
- Technical dance
- Voice projection
- Showmanship/Spirit

The cheerleading coaches will be evaluating participants throughout the cheerleading clinics and on the day of tryouts. The coaches, and judges will be involved in the cheerleading selection process. The coaches will make the final decision about the squad.

Amanda Wilson Head coach 208-720-4306 smascheer@hotmail.com

Heidi Kaminski Assistant Head Coach 208-721-2775 hkaminski@blaineschools.org

Student Information/Emergency Contact Sheet

Name: _____

Grade for '19-'20: _____

Mailing Address:

Telephone Numbers:

Home: _____ Mother's Cell: _____

Cheerleader's Cell: _____ Father's Cell: _____

Parents'/Guardians' Names:

Parents/Guardians' E-mail Addresses: _____

Cheerleader's Email Address: _____

Allergies: _____

Stunt Position(s) (primary position first—Base, Back-spotter, or Flier):

FLYERS ~ what positions can you pull well? Needle, Heel Stretch, Scorpion, etc...

Have you done a full down from a stunt successfully before? Yes ____ No ____

Cheer Experience? Middle School ____, High School ____, All Star Cheer ____ (if so, what level ____)

List all standing and running tumbling you **CAN/WILL** perform without a spot on a high school mat, **NOT** a spring floor!

Your signature below states that everything on this sheet is correct.

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Personal Cheerleading Tryout Agreement

- I agree to the terms in the tryout packet. I will abide by these rules and regulations if chosen for the 2019-2020 cheerleading squad.
- I will cooperate fully with the coaches and all persons and organizations concerned with promoting spirit and good sportsmanship at Wood River High School.
- **At all times, whether at school or away from school, I will conduct myself in a manner that best represents the students and faculty at Wood River High School.**

Printed Name

Potential Cheerleader's Signature

Date

Parent Permission

My child, _____ has my permission to try out for the cheerleading squad at Wood River High School for the 2019-2020 school year. If chosen, he/she has permission to participate as a member of the cheerleading squad.

I have read and discussed with my child the guidelines, and I understand the responsibilities and commitments of being a Wood River cheerleader. I also understand the role I must assume as the parent of a Wood River cheerleader. I agree to make all payments according to the payment plan in order for my child to remain in good standing on the team and participate. Anyone with an unpaid balance will not be able to tryout the following season and will have a fee noted on their account. Transportation to and from practices/games/workouts are my responsibility and I will arrange rides, as the coaches will not. Cheerleaders need to be picked up promptly after practices and games with no more than a 15 minute delay. Everyone's time is valuable therefore consequences, including demerits will be issued.

My child has insurance or will purchase school insurance, and must be covered at all times. Also my child will get a sports physical within two weeks of making the team. My child is physically able to attend workshops and tryouts, and I release all liability to both Wood River High School, Spirit n' Motion Athletic School and all associated with such schools in case of accident or injury.

I do hereby give my consent and support for my child, if selected, to be a cheerleader at Wood River High School for the upcoming season.

Printed Name

Parent Signature

Date

WRHS Cheer Cost Information – 2019-2020

PRICES ARE APPROXIMATE—we will do cheaper if we can

We have a lot of fundraising opportunities available--to help offset these expenses, and you can get them all paid for with a bit of work, not out of pocket.

Shoes	\$ 70 depending what girls choose
Bow (NEW) 2 needed for comp./sideline	\$ 15.00 each
Uniforms—Performance	\$ 200.00
Uniforms—Practice	\$ 75.00
Spankies and Body liner	\$ 45.00
Away Summer Camp (Mandatory) June 22-24th	\$ 350.00
Team Sweatshirt	\$ 40.00
Warm Ups	\$120.00

Payments may be made every month through mid August to be given gear.

Monies will be collected at the school through the bookkeeper Liz Zellers and payments can be made through skyward account as well.

Personal Interview:

Name _____

1. Why do you want to be a Wood River High School cheerleader?

2. What do you expect from your cheerleading experience at Wood River High School?

Interview page 2

Name: _____

3. Please fill out below what experience you have in each area, and for how many years:

*Cheer-

*Dance-

*Tumbling-

*Stunting-

*Performing-

RECOMMENDATION FORM for Cheerleading: Teacher

To the student: Please fill in your name. (PLEASE PRINT)

Name of student: _____

Teacher: _____ Subject: _____

How well do you know the applicant?

Very well _____

Somewhat _____

Slightly _____

Please classify the applicant in the following categories: (leave blank any for which you have no opinion)

Attributes	Poor	Average	Above Average	Superior
Work Ethic				
Self-confidence/Poised				
People skills				
Respectful Attitude				
Academic ability				
Leadership skills				
	Rarely	Sometimes	Frequently	Always
Punctual				
Fulfills commitments				
Shows responsibility				
Shows initiative				
Demonstrates Common sense				
Demonstrates maturity				

Would you recommend this candidate to represent Wood River High School?

YES

NO

Please add any additional comments on the back:

Teachers please leave completed forms in Heidi Kaminski's box at WRHS, or use inner-office mail, or for WRMS with Darci at Front office by the end of school on Monday, April 29th.

Teacher Signature _____ Date _____

RECOMMENDATION FORM for Cheerleading: Teacher

To the student: Please fill in your name. (PLEASE PRINT)

Name of student: _____

Teacher: _____ Subject: _____

How well do you know the applicant?

Very well _____

Somewhat _____

Slightly _____

Please classify the applicant in the following categories: (leave blank any for which you have no opinion)

Attributes	Poor	Average	Above Average	Superior
Work Ethic				
Self-confidence/Poised				
People skills				
Respectful Attitude				
Academic ability				
Leadership skills				
	Rarely	Sometimes	Frequently	Always
Punctual				
Fulfills commitments				
Shows responsibility				
Shows initiative				
Demonstrates Common sense				
Demonstrates maturity				

Would you recommend this candidate to represent Wood River High School?

YES

NO

Please add any additional comments on the back:

Teachers please leave completed forms in Heidi Kaminski's box at WRHS, or use inner-office mail, or for WRMS with Darci at Front office by the end of school on Monday, April 29th.

Teacher Signature _____ Date _____

RECOMMENDATION FORM for Cheerleading: Teacher

To the student: Please fill in your name. (PLEASE PRINT)

Name of student: _____

Teacher: _____ Subject: _____

How well do you know the applicant?

Very well _____

Somewhat _____

Slightly _____

Please classify the applicant in the following categories: (leave blank any for which you have no opinion)

Attributes	Poor	Average	Above Average	Superior
Work Ethic				
Self-confidence/Poised				
People skills				
Respectful Attitude				
Academic ability				
Leadership skills				
	Rarely	Sometimes	Frequently	Always
Punctual				
Fulfills commitments				
Shows responsibility				
Shows initiative				
Demonstrates Common sense				
Demonstrates maturity				

Would you recommend this candidate to represent Wood River High School?

YES

NO

Please add any additional comments on the back:

Teachers please leave completed forms in Heidi Kaminski's box at WRHS, or use inner-office mail, or for WRMS with Darci at Front office by the end of school on Monday, April 29th.

Teacher Signature _____ Date _____